Practice for Communion

The Last Supper

Jesus gathers his followers at Passover. Jesus was a Jew, so Passover was a special time.

Have a person from your group read the story: “The Last Supper” and another google The Last Supper Images. Share with one another.

The word the Jews connected with Passover was: remember. Remember, remember, remember! Remember the times of slavery and hardship. Remember how God set us free. Remember how God sustained and fed us in the desert. Remember that God is always with us.

Jesus asked his friends to remember him in a special way whenever they gathered in the future to share this meal. He wanted them to remember him as someone who gave his all (bread broken and shared) for a covenant of love. He wanted them to commit themselves to living and loving as he had. He wanted them to remember his dream for the renewal of the world.

As Jesus’ followers, we remember him and his dream at communion. When we take the bread and cup we say “Yes” to our commitment to let God’s love and life take shape in our lives. We say “Yes” to the God who is always present, never absent. We say “Yes” to the God we never need to fear. We say “Yes” to the God who is like a most loving parent.

Share in communion. Serve one another by holding the bread plate and the cup for one another. Break off a piece of bread; dip it in the cup; eat; and remember you are a beloved child of God.

Holy Week is the stage for the start of our gathering at the communion table, the welcome table, each time we worship. Holy Week reminds us to remember.
Jesus and his disciples were in Jerusalem.

Jesus sent Peter and John to make preparations for them to eat the Passover.

It was time to celebrate Passover, the feast to remind the people of God that they had been freed in Egypt long ago.

Jesus and his disciples were all together in an upper room where they would eat the Passover meal.

Jesus told his disciples, “I have wanted very much to eat this Passover with you before I suffer.”

Then Jesus took the bread and gave thanks for it.

Then Jesus broke the bread and gave some to each of the disciples saying, “This is my body which is given for you. Do this to remember me.”

Jesus took the cup of wine and said, “This cup which is poured for you is a new covenant of my blood.”

Next Jesus said, “One of you will betray me.”

Each of the disciples began to ask if he was the one who would betray Jesus.
Then Jesus and his disciples got ready to go into the garden.