Practice for Washing Feet

Washing—Following Jesus’ Way

Jesus’ teaching and living were centered in his belief that God’s presence is accessible to everyone in their everyday living and loving. But Jesus’ ways of loving and living were so very different.

Have a person from your group read the story: “Washing the Disciples’ Feet” and another google Jesus washes Disciples’ feet Images. Share with one another.

Jesus wanted his disciples to follow in his footsteps and keep his dreams alive. His disciples were not to be powerful by ruling over others. They were to show power by being servants to others. Jesus realized that if his followers became rulers over people they would forget the heart of his message. And so Jesus shows them what he means by washing their feet.

Take turns holding your hands over a bowl of water and letting a person from your group wash your hands and dry them with the towel. Let each person have a turn both being washed and washing others.

Do this as a sign of your saying: “Yes, Jesus, I will follow you by loving and helping others everyday.”

Holy Week sets the tone for our living as followers of the Christ. For us, Jesus shows us the best way to be a disciple and to live in the love and life of God.
Washing the Disciples’ Feet
John 13:1-11

It was before the feast of the Passover.

It was suppertime. Jesus got up from the supper-table. He took off his clothes, and wrapped a towel around himself.

Then he poured water into a bowl. He began to wash the disciples' feet, and to wipe them with the towel he was wrapped in.

He then came to Peter.

"Master," said Peter, "what's this? You, washing my feet?"

"You do not understand yet what I'm doing," said Jesus, "but you will."

"I am not going to have you wash my feet!" said Peter, "Never!"

"If I do not wash you, you do not belong to me," said Jesus.

"All right, master but not only my feet; wash my hands and my head also," said Peter.

"Someone who has washed does not need to be washed again, except for their feet. They are clean all over. You are clean—but not all of you," Jesus said to Peter.

After he washed their feet, he put his clothes back on and sat down.

"Do you know what I have done?" Jesus asked.
“I, as your master and teacher have washed your feet, you should wash each other’s feet. I want you to follow my example.”

“Anyone who welcomes someone I send, welcomes me, and anyone who welcomes me, welcomes God.”