HEALING FROM VIOLENCE, NONVIOLENT CONFLICT TRANSFORMATION, DIVERSITY APPRECIATION AND PEACE MAKING STORIES, BOOKS AND OTHER RESOURCES FOR CHILDREN AND YOUTH adapted from an online bibliography published by the Minnesota Center Against Violence and Abuse (http://www.mincava.umn.edu/documents/pnvcur1-6/pnvcur1-6.html)

DEATH AND LOSS

Buscaglia, Leo. The Fall of Freddie the Leaf. Slack, 1982 ' (All ages) Personal, Environmental Peace: Readers encounter death as a natural part of the life process.

Mellonic, Bryan and Robert Ingpen. Lifetimes: The Beautiful Way to Explain Death to Children, (Ages 4-8)

Clifton, Lucille. Everett Anderson’s Goodbye (Ages 5–12)

Mundy, Michaelene Sad Isn’t Bad: A Good-Grief guidebook for Kids Dealing with Loss (All Ages)

OVERCOMING WORRY, FEARS AND FACING ADVERSITY

Asch, Frank and Vladimir Vagin. Here Comes the Cat. New York: Scholastic, 1989. (Grades 1-2 and all ages) Fiction Picture Book (Big Book). Interpersonal, Global Peace: After a mouse tries to warn his friends to flee from a huge cat, he discovers there is nothing to fear. Text is written in English and Russian.

Viorst, Judith. Alexander and the Terrible, Horrible, No Good, Very Bad Day (Ages 4-8)

Green, Andi. Don’t Feed The WorryBug (WorryWoo Monsters)

Parr, Todd. The I'M NOT SCARED Book

HEALTHY COMMUNICATION AND EXPRESSING OF FEELINGS


Bourgeois, Paulette. Franklin In the Dark. New York: Scholastic, 1986. (Grades 2-3) Fiction Picture Book (Big Book). Personal Peace: Franklin is a turtle who is afraid to stay inside his own shell.


Disney, RH. *The Emotions' Survival Guide* (Disney/Pixar Inside Out) (Ultimate Handbook) (Grades 1-4)


Simon, Norma *I Was So Mad* (Ages 4-8)
Spelman, Cornelia Maude *When I Feel Angry* (with illustrations by Nancy Cote)


The Menninger Clinic. *Sometimes I'm Afraid* (all ages)


**RESPONDING TO VIOLENCE**

American Psychological Association *A Terrible Thing Happened*. A story for children who have witnessed violence or trauma.

Berry, Joy. *Good Answers to Tough Questions About Traumatic Experiences*. Chicago: Children's Press 1990. (Grades 4-6) Information. Personal, Interpersonal Peace: Trauma can have a positive or negative effect, depending on how it is reacted to and handled

**NON-VIOLENCE**

Semelin, Jacques. *Nonviolence explained to my Children*

**NON-VIOLENT CHANGEMAKERS, ROLE MODELS AND EXPERIENCES OF CHILDREN AMIDST WAR**

Beals, Melba Pattillo *Warriors Don't Cry A Searing Memoir of the Battle to Integrate Little Rock's Central High* (teens)

Delisle, Jim. Kid Stories, *Biographies of 20 Young People You'd Like to Know*. Minneapolis, Minnesota: Free Spirit Publishing, 1991. (Grades 4 and above) Biography. Personal, Interpersonal, Global, and Environmental Peace: Life stories of 20 school-age boys and girls who were brave, intelligent inspirational, or simply friendly, as they faced things that each of us faces.

Cohn, Janice. *The Christmas Menorahs: How a Town Fought Hate*

Demi. *Gandhi*


Gandhi, Arun and Bethany Hegedus. **Grandfather Gandhi**

Gilliland, Judith Heide and Florence Parry Heide. **Sami and the Time of Troubles**. Illustrated by Ted Lewin. New York: Clarion Books, 1992. (Grades 2-5) Realistic Picture Book. Personal, Interpersonal, Global, and Environmental Peace: A 10-year-old Lebanese boy goes to school, helps his mother with chores, plays with his friends, and lives with his family in a basement shelter when the bombings occur and fighting begins on his street.

Hoffman, Mary. **Amazing Grace**. Illustrated by Caroline Binch. New York: Dial Books for Young Readers, 1991. (K-Grade 2) Fictional Picture Book. Personal, Interpersonal, and Global Peace: Although classmates say that she cannot play Peter Pan in the school play because she is black and a girl, Grace discovers that she can do anything she sets her mind to do.

Giovanni, Nikki **Rosa** (with illustrations by Bryan Collier)


Hudson, Wade and Valerie Wilson Wesley. **Afro-Bets: Book of Black Heroes from A to Z**. New York: Scholastic, 1988. (Grades 2-5) Interpersonal, Global Peace: Introduces readers to black men and women who are contemporary and historical heroes, All children need to know about these important people.

Kramer, Ann. **Mandela: The Rebel Who Led His Nation to Freedom**

Krull, Kathleen. **Harvesting Hope: The Story of Cesar Chavez** (illustrations by Yuyi Morales)


Leaf, Munro. **The Story of Ferdinand**. New York: Puffin, 1936. (Grades 1-3) Fiction. Personal, Interpersonal, Global Peace: Rather than fight a matador, Ferdinand prefers to smell the flowers in the women's hair.


Little, Jean. **Mama's Going to Buy You a Mockingbird**. New York: Penguin Books. (Ages 3-6) Realistic Fiction Chapter Book. Personal, Interpersonal Peace: When Jeremy learns his father is dying of Cancer, he feels trapped between his own grief and the strength he must show to the outside world.

McDonough, Yona Zeldis. **Peaceful Protest: The Life of Nelson Mandela** (with illustrations by Malcah Zeldis)

Redsand, Anna S. **Viktor Frankl: A Life Worth Living**

Rice, Donna and William Rice. **Mohandas Gandhi** (Time for Kids Nonfiction Readers: Level 3.9)

**PEACEMAKING (LOCAL AND GLOBAL)**

Alexander, Lloyd, Natalie Babbitt and multiple authors **The Big Book For Peace**

Auer, Martin and Simone Klages. **The Blue Boy**. New York: Macmillan, 1992. (Grades 4 and up) Fiction Personal, Interpersonal, Global, Environmental Peace: Inspired by The Little Prince, this book is a moving plea for unity and safety from bullets and bombs.


Brice, Raphaelle. **Rice: The Little Grain That Feeds the World**. Ossining, New York: Young Discovery, 1991. (Grades 2 and up) Information. Interpersonal, Global. Environmental Peace: Discusses the historical and modern cultivation of rice around the world and its importance as food and for other uses. Part of the Young Discovery Library series.

Brody, Ed, Jay Goldspinner and multiple authors **Spinning Tales and Weaving Hope**


Cooney, Barbara. **Miss Rumphius**. New York: Viking Penguin, 1982. (Grades 2-6) Personal, Interpersonal, Environmental Peace: Miss Rumphius encourages children to discover their own unique abilities and to make the world a better place.

**Peace.** True story about Sadako Sasaki who died of Leukemia as a result of radiation from the nuclear bomb in Hiroshima. The story of Sadako inspires hope in peace.

Cohen, Barbara. **Molly's Pilgrim**. New York: Bantam, 1983. (Grades 1-4) Realistic Fiction. Personal, Interpersonal, Global Peace: Molly and her parents are Jewish immigrants. At Thanksgiving, Molly's pilgrim doll offers a fresh perspective on the holiday.


Guinan, Kelly. Peace Quest

Kent, Zachary. The Story of the Peace Corps. Chicago: Children's Press, 1990. (Grades 4 and up) Information. Personal, Interpersonal, Global, Environmental Peace: Examines the history of the American volunteer service whose young members assist people throughout the world.


Logan, Suzanne. Kids Can Help. New York: Putnam, 1992. (Grades 3 and up) Information. Personal, Interpersonal, Global, Environmental Peace: Kids can help turn the world around and make it a better place. Resources for projects with the homeless, hungry, elderly, sick or disabled, other kids in need, the planet, animals, etc.

MacDonald, Margaret Read. Peace Tales: World Folktales to Talk About. Hamden, Connecticut: Linnet Books, 1992. (All ages) Anthology. Personal, Interpersonal, Global, Environmental Peace: Several proverbs and 34 folktales from all over the world that get people to think and talk about choices that lead to war and to peace.


Parr, Todd. The Peace Book
Scholes, Katherine. **Peace Begins With You.** San Francisco, California: Sierra Club, 1989. Illustrated by Robert Ingpen. Fictional Picture Book. Personal Interpersonal and Global Peace: Explains, in simple terms, the concept of peace, why conflicts occur, how they can be resolved in positive ways, and how to protect peace.


Zalben, Jane Breskin **Paths to Peace**

**NON-VIOLENT WAYS TO DEAL WITH BULLYING AND UNFAIRNESS AT SCHOOL**


Kipper, Bobby and Bud Ramey **No BULLIES: Solutions for Saving Our Children from Today's Bully**


Petty, Kate and Charlotte Firmin. **Making Friends.** New York: Barron's, 1991. (Grades K-1) Information Picture Book. Personal, Interpersonal Peace: Jack does not understand that friendship must be a two-way street until he meets Richard.

Petty, Kate and Charlotte Firmin. **Playing the Game.** New York: Barron's, 1991. (Grades K-1) Information Picture Book. Personal, Interpersonal Peace: Joel learns why games, even made-up ones, need rules to make them fair.


**BUILDING EMPATHY AND FRIENDSHIP**

Asch, Frank. **Bear's Bargain,** Jefferson City, Missouri: Scholastic, 1985. (Grades 1-2) Fiction Picture Book (Big Book). Personal, Interpersonal Peace: Two Friends find clever, creative ways to make each other's wishes come true.

Brown, Marc. **Arthur's Eyes.** Boston: Little Brown, 1979. Personal, Interpersonal Peace: His friends tease Arthur when he gets glasses but he soon learns to wear them with pride.

Caselman, Tonia. **Teaching Children Empathy, The Social Emotion: Lessons, Activities and Reproducible Worksheets** (K-6) That Teach How to "Step Into Others' Shoes" (Book & CD)

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Steiner, Claude. The Original Warm Fuzzy Tale. Rolling Hills Estates: Jalmar Press, 1977. Illustrated by JoAnn Dick. (Grades I and up) Fictional Picture Book. Personal and Interpersonal Peace: Children learn about positive and negative behavior toward others

SPIRITUAL CENTERING, MINDFULNESS AND HEALTHY FAMILY RELATIONSHIPS


McClanneghan, Bromleigh and Lee Hull Moses. Hopes and Fears – Everyday Theology for new Parents and Other Tired, Anxious People
MennoMedia. Shine On – A Story Bible

Milton, Ralph. The Family Story Bible

Parr, Todd. The Family Book

Snel, Eline. Sitting Still Like a Frog: Mindfulness Exercises for Kids (and Their Parents)

Stinson, Kathy. Mom and Dad Don't Live Together Any More. Toronto, Ontario, Canada: Annick Press, 1984. (Preschool-Grade 1) Personal, Interpersonal Peace: A child learns that she is loved by her parents even though they are not together.

Super, Gretchen. What Is a Family? TIC Books: 199 1. (Grades K-3) Information Picture Book. Personal, Interpersonal Peace: Examines the concept of family, the different kinds of families found in society, and the interpersonal relationships that make them function.

Updegrove, Olivia Bryan. Who is Jesus? (DHM, Family and Children’s Ministries Staff)

Updegrove, Olivia Bryan. What is God? (DHM, Family and Children’s Ministries Staff)

EXPLORING AND AFFIRMING CULTURAL AND RACIAL DIVERSITY


Cheltenbam School Children. We are All Alike...We Are All Different. Jefferson City, Missouri: Scholastic. (Grades K-I and all ages) Picture Book (Big Book). Personal, Interpersonal, Global Peace: Written by children for children, this book reinforces multicultural and anti-bias learning and appreciation.

Cohen, Caron Lee. The Mud Pony - A Traditional Skidi Pawnee Tale. New York: Scholastic, 1988. Illustrated by Shonto Begay. (Grades K-3) Traditional Tale Picture Book. Personal, Global Peace: A boy becomes a powerful leader when Mother Earth turns his mud pony into a real one: but after the pony turns back to mud, he must find his own strength.


Dooley, Norah. *Everybody Cooks Rice*. Minneapolis, Minnesota: Carolrhoda Books, 1991. (Grades 1-4) Realistic Fiction. Personal, Interpersonal, Global Peace: A child is sent to find a younger brother at dinnertime and is introduced to a variety of cultures through encountering the many different ways rice is prepared at the different households visited.


Larche, Douglas W. *Father Gander Nursery Rhymes*. Santa Barbara, California: Advocacy Press, 1985. (Preschool-Grade 1) Poetry. Personal, Interpersonal, Global, Environmental Peace. Without losing the charm, whimsy and melody of the originals, each of Father Gander's delightful rhymes provides a positive message in which both sexes, all races and ages, and people with a myriad of handicaps interact naturally and successfully, often with concern for the environment.


Lowry, Linda. *Martin Luther King Day*. New York: Scholastic, 1987. Illustrated by Hetty Mitchell. (Grades 1-4) Interpersonal, Global Peace: Highlights the ways this holiday was first observed as it gives young readers insight into the man.

Ludwig, Warren. **Old Noah's Elephants: An Israeli Folktale.** New York: Putnam, 1991. (Grades K-21) Fiction. Interpersonal Peace: When the behavior of two elephants threatens the survival of the other animals, the solution is to tickle the hyena.


Mandelbaum, Pili. **You Be Me: I'll Be You.** New York: Kanx Milling Book Publishers, 1990. (Grades K-2) Realistic Picture Book. Personal, Global and Interpersonal Peace: A brown-skinned daughter and her white father experiment to see what it would be like to have the other's skin color.


Medearis, Angela Shelf. **Dancing With the Indians.** New York: Scholastic, 1991. Illustrated by Samuel Byrd. (Grades K-3) Realistic Picture Book. Interpersonal, Global Peace: A young girl in the 1920s joins her family on an outing to a Native American gathering. They plan to dance with the Seminoles, whose ancestors rescued Grandpa from slavery and accepted him as their brother.


Parr, Todd. **It's Okay To Be Different**

Pearson, Mary Rose. **Three Cheers for Big Ears.** Wheaton, Illinois: Tyndale House Publishers, 1992. Illustrated by Julie Parks. (Grades 1-3) Fictional Picture Book. Personal and Interpersonal Peace: This book helps children to be thankful for who they are, and it reminds us all that God wants us to be kind to everyone - even those who are unkind to us.

Pellegrini, Nina. **Families Are Different.** Jefferson City, Missouri: Scholastic, 1991. Realistic Picture Book (Big Book). Personal, Interpersonal, Global Peace: Sensitive exploration of different families - all bound together with "a special kind of glue called love."


Quinlan, Patricia. **Planting Seeds.** Toronto, Ontario, Canada. Firefly Books, 1988. (Grades K-2) Realistic Fiction Picture Book. Personal, Interpersonal, Global, Environmental Peace: A child wants to know why people build bombs and learns that it is important for people to take care of each other so that the earth will not experience the bombs.

Rose, Deborah Lee(Adapted). **The People Who Hugged Trees.** Miwot, Colorado: Roberts Rinehart Publishers, 1990. Illustrated by Brigitte Sallund. (Grade 2 and up) Environmental Folk Tale. Personal, Interpersonal, Global and Environmental Peace: A young girl's love for trees give her the courage to stand up against the axmen who threaten to destroy them.


Shannon, George. **Stories to Solve: Folktales from Around the World.** New York: Beech Tree Books, 1985. (Grades 3 and up) Short Stories with Illustrations. Personal, Interpersonal, Global Peace: 14 folktales that are short puzzles to be solved through cleverness, common sense, or careful observation of details in the text. Tales are timeless and universal.


Sperry, Armstrong. **Call It Courage.** New York. Scholastic, 1940. (Grades 5-9) Fiction Chapter Book. Personal, Interpersonal, Global, Environmental Peace: A youth overcomes his fear of the sea and proves his courage to himself and his people.


Surat, Michele Maria. **Angel Child, Dragon Child.** New York: Scholastic, 1983. (Grades K-3) Realistic Fiction Picture Book. Personal, Interpersonal, Global Peace: Ut has just come to the USA from Vietnam; she does not like her new American school, and she misses her mother who is still in Vietnam. School people and community members work together and bring joy to Ut's life.

Warner, Rachel. **Going Fishing - A Story Set in Bangladesh.** New York: Scholastic, 1990. Photographs by Prodeepta Das. (Preschool-Grade 3) Information Picture Book. Global Peace: When a boy and his father spend the day fishing, they catch many things -but no fish. The clever boy creates a plan that saves the day.

Westridge Young Writers Workshop. **Kids Explore America's Hispanic Heritage.** Santa Fe, New Mexico: John Muir, 1992. (Grades 3 and up) Information. Personal, Interpersonal, Global Peace: Written by kids for kids, this book is meant to help Americans enjoy and appreciate Hispanic culture including history, food, festivals, art, stories, and language.


Yolen, Jane. **Encounter.** San Diego, California: Harcourt Brace Jovanovich, 1992. (All ages) Historical Fiction Picture Book. Interpersonal, Global Peace: The first meeting of Christopher Columbus in the new world is seen through the eyes of a Taino boy - an encounter that changed the way the world forever. The perspective of an indigenous culture is rarely portrayed in children's books, and Jane Yolen has done so.